

Ringgold Swim Team
23 Dogwood Trail
Ringgold, GA 30736

Member of the Chattanooga Area Swim League

To: GRPA District 5 B/C Agencies
From: Catoosa County/Ringgold & Ft. Oglethorpe Swim Teams
Re: 2011 GRPA District 5 Swim Championships

Enclosed are the entry forms and information sheets for the 2011 GRPA District 5 Swim Championships. The meet will be held on Saturday, July 9th at the Fort Oglethorpe Swimming Pool.

All entries for the meet will be due by June 28th. You may mail them to the above address, or email them to joehawaiian@catt.com. Late entries can be accepted until July 5th with *late fees* of \$2/Individual & \$5/Relay Event in *addition* to normal Entry Fees. Please send the entry sheets with times and a check for your entries made payable to the *Ringgold Swim Team* to the address above. Teams using Team Manager are encouraged to submit entries electronically. The event file will be available at www.tigersharks.net . Results will be provided electronically for those teams submitting entries via Team Manager.

A GRPA Official Roster with copies of birth certificates for each swimmer must be received by Tuesday, July 5, 2011. Please include the name and phone numbers of the swim coach who must accompany your swimmers to the meet and any other necessary contact information. You also must send a copy of the certification for the coach as designated by the GRPA rules. All GRPA rosters must be typed, or the agency will be fined \$40 by GRPA. If you have any questions about the roster, please contact Chris Simpson at chris.simpson@catoosa.com or call 706-891-4199. An electronic version of the official roster is available at www.grpa.org . Send the roster to:

**Chris Simpson
Catoosa County Recreation Department
749 Pine Grove Road
Ringgold, GA 30736**

Note: An electronic entry is not a substitute for the Official GRPA roster.

Please note the following changes:

- The state fees will change to \$7/event and \$15 for relays. \$1 per swimmer timing fee.
- 50% late charge for state fees.
- Change false start rule to USA no recall rule. False start equals DQ when you finish the race.
- No illegal suits by USA swimming rules (none below the knee for male/female or past neck or shoulder for females. DQ for "Delay of Meet")
- No shows at State are \$10/event

If you have any other questions, please contact Jim Chow at 423-313-4339 and leave a message if not available.

We look forward to seeing you at the meet.

GRPA DISTRICT 5, CLASS B/C SWIM MEET
Saturday, July 9, 2011

- SANCTION: Georgia Recreation and Park Association, Inc.
- HOST: Catoosa County / Ringgold and Fort Oglethorpe Swim Teams
- LOCATION: Fort Oglethorpe Swimming Pool, Fort Oglethorpe, GA
- FACILITIES: A 25-yard outdoor pool, 8 lanes with bottom stripes and anti-wave lane markers. Areas are available adjacent to the pool for teams to put up their own freestanding tents. Each team is encouraged to provide their own sunshade and lawn chairs as shade will not be provided by the hosts. Refreshments will be available for purchase.
- RULES: 2011 United States Swimming short course rules will govern the conduct of the meet as well as the GRPA Athletic Manual where applicable.
- ELIGIBILITY: Open to all swimmers registered with a District 5, Class B/C swim team and must have achieved age 7 by the cut off date. A swimmer's age on May 31, 2011 will determine his/her age for this meet.

Entries must be submitted by Tuesday, June 28, 2011.

Birth certificates and TYPED GRPA rosters must be submitted on or before Tuesday, July 5, 2011. Submit rosters to:

**Chris Simpson
Catoosa County Recreation Department
749 Pine Grove Road
Ringgold, GA 30736**

GRPA Rosters must list certified coach and type of certification.
(NOTE: ANY SWIMMER WITHOUT A SUBMITTED BIRTH CERTIFICATE WILL BE INELIGIBLE TO SWIM. PLEASE ORGANIZE BIRTH CERTIFICATES IN THE SAME ORDER AS NAMES APPEAR ON THE GRPA ROSTER.)

- DIVISIONS: Boys and Girls
7-8
9-10
11-12
13-14
15-18

A participant may participate in one age division ONLY throughout all swimming competition. A participant may compete in an older age division, provided they remain in that division for all competition.

- ENTRY FORMS:** Submit entries on enclosed forms.
- ENTRY LIMIT:** Each entrant may enter a maximum of two individual swimming events and two relay events.
- ENTRY FEE:** The entry fee is \$7.00 per person, per event for individual events, and \$15.00 per relay team per event. Late fees will be an additional \$2.00 per person, per event, and \$5.00 per relay team, per event.
- ENTRY DEADLINE:** All entry forms and entry fees must be received by Tuesday, June 28, 2011.
Send fees to:
Ringgold Swim Team
23 Dogwood Trail
Ringgold, GA 30736
- Make check payable to: Ringgold Swim Team**
- A GRPA Official Roster with birth certificates for each participant must be received by Tuesday, July 5, 2011. Send to:
- Chris Simpson**
Catoosa County Recreation Department
749 Pine Grove Road
Ringgold, GA 30736
- COACHES:** Each team must have at least one certified coach on deck at all times who has been certified by NYSCA, ACEP, GHSA or USA SWIMMING. A copy of the coach's certification card must be submitted with the GRPA roster. The certified coach must be listed on the GRPA Roster and show type of certification.
- SCHEDULE:** Saturday, July 09, 2011
1) 8:00 – 8:25 a.m. Warm-Ups
2) 9:00 – 12:00 Swimming Competition
ALL EVENTS WILL BE SWUM AS TIMED FINALS
- SEEDING:** All swimmers' times must be submitted as YARDS TIMES on the entry forms. Entries will be seeded according to the 2011 USA Swimming rules.
- SCRATCHES:** Scratches/substitutions must be done by email on Tuesday, July 5, 2011 before 5:00 p.m. Coaches will be allowed to make substitutions in an event but will not be permitted to add entries.
Email: joehawaiian@catt.com
- AWARDS:** Individual: Ribbons, 1st – 6th
Relays: Ribbons, 1st – 4th
The top three (3) finishes for EACH individual and relay event will qualify for entry in the GRPA State Swim Championships Meet to be

held in Tifton, GA on Friday & Saturday, July 23-24, 2011. A team's coach MUST DECLARE to the Meet Director within thirty (30) minutes of posted times during the meet if a swimmer will NOT participate in the State Championships so that the next place finisher may be moved up to the GRPA State Roster. No shows at State are \$10/event. Please determine BEFORE the meet if a swimmer will not participate in the State Meet should they qualify.

CONDUCT: For all GRPA competition at the District and/or State Level, positive cheering by swimmers, coaches and spectators is encouraged. Any negative cheering/hollering may result in a warning and/or removal from the site whether it is for or against your team. The Meet Director has the authority to make the final decision in this matter.

TOURNAMENT DIRECTOR: Chris Simpson, Catoosa County Recreation Department
749 Pine Grove Road
Ringgold, GA 30736
706.891.4199

MEET DIRECTOR: Jim Chow
423-313-4339
joehawaiian@catt.com

